



St Margaret's
Hospice Care

Where to find advice and support

Bereavement Support Services



Bereavement Support Services

St Margaret's Bereavement Support Service offers a range of services for the bereaved families, friends and carers of our patients as well as the professionals who support them. We offer a number of services across Somerset, including: a dedicated bereavement support telephone line, face to face support, counselling, bereaved partners support groups and family support. For more information on our services, please call **01935 709497**.

We also acknowledge a wealth of advice, support and information from other providers. This leaflet contains a variety of contacts you may find useful.

Where to get help?

Cruse Bereavement Care

0808 808 1677

www.cruse.org.uk

A free confidential service offering one to one bereavement support. The Somerset Central Response Line is staffed 10.30am to 1.30pm Mon to Fri. Answerphone facility at all other times.

Citizens Advice

03444 111 444

www.citizensadvice.org.uk

Free, independent, confidential and impartial advice to everyone on their rights and responsibilities. Available online, by phone and local to you.

Age UK Somerset

01823 345613

www.ageuk.org.uk/somerset

A range of services including information, advice, advocacy, befriending and welfare benefits advice.

Somerset Suicide Bereavement Support Services

www.mindinsomerset.org.uk/our-services/somerset-suicide-bereavement-support-service

Offers free services in support of anyone, aged 14+ in Somerset, that is affected by the death of someone through suicide. There is also a 24/7 Helpline available.

Mind in Somerset

01823 276892

www.mindinsomerset.org.uk

A mental health charity providing peer, group, 1:1 adult and young people support in Somerset.

The Good Grief Trust

www.thegoodgrieftrust.org

Information includes details of local and national charities, helplines, advice and encouraging stories from others to help in the most difficult of times and to find a way forward with life.

The Compassionate Friends

0345 123 2304

www.tcf.org.uk

A charitable organisation of bereaved parents, siblings and grandparents dedicated to the support and care of those who have suffered the death of a child or children of any age and from any cause.

The Samaritans

116 123

www.samaritans.org

Available 24hrs a day, 365 days a year, to provide confidential emotional support for people who are experiencing feelings of bereavement, distress or despair, including those which may lead to suicide. Phone calls charged at local rate or call in at your local branch between 9am - 9pm.

WAY

www.widowedandyoung.org.uk

A peer support group for men and women aged 50 or under when their partner has died.

WAY UP

www.way-up.co.uk

Way Up is an active on-line self-help group aimed at providing mutual support to those who have been widowed primarily, but not exclusively, in their 50's and 60's.

The Rosie Crane Trust

01460 55120

www.rosiecranetrust.org

Support for bereaved parents after the loss of a son or daughter of any age including: monthly drop-in centres, 24 hour listening ear helpline, befriending and subsidised counselling.

We Hear You

01373 455 255

www.wehearyou.org.uk

Free, professional counselling for anyone affected by cancer or a life-limiting illness including patients, their families, friends and carers.

Children and young people

Websites for those who support bereaved children and young people:

www.winstonswish.org

www.hopeagain.org.uk

www.childbereavement.org.uk

www.griefencounter.org.uk

Bereavement Support Team

 01935 709497

 bereavement.team@st-margarets-hospice.org.uk

St Margaret's Hospice Care Taunton Hospice,

Heron Drive, Bishops Hull, Taunton, TA1 5HA

St Margaret's Hospice Care Yeovil Hospice,

Little Tarrat Lane, Yeovil, BA20 2HU

st-margarets-hospice.org.uk

St Margaret's Hospice Care is committed to taking your privacy seriously and protecting your personal information. If you want to know more about how we use your data go on the 'privacy statement' on our website or ask for a copy of this information via info@st-margarets-hospice.org.uk

Please note all incoming and outgoing calls may be recorded for training and quality purposes.

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